

San Juan

Resources

Basic Needs

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| Newborn Outreach | (360) 378-4474 Information: Call for information and programs | Friday Harbor | 98250 |
| Island Physical Therapy Center | (360) 299-1328 Information: Call for information and programs | Anacortes | |
| Island Hospital Home Health Services | (360) 299-1302 Information: Call for information and programs | Anacortes | |
| The Opportunity Council | (360) 734-5121 Information: Call for information and programs | | www.oppco.org |
| San Juan County Health and Community Services | (360) 378-4474 Information: Call for information and programs | Friday, Harbor | 98250 |
| San Juan Island Family Resources | (360) 378-4921 Information: Call for information and programs | Friday, Harbor | 98250 |
| Public Health Nurses | (360) 378-4474 Information: Call for information and programs | Friday Harbor | 98250 |
| Autism Outreach Project | Information: Call for information and referrals | | www.esd189.org/autism |
| Orcas Island Family Resource Center | (360) 376-4744 Information: Call for information and programs | Friday Harbor | 98250 |
| Make a Wish Foundation | Information: Works with terminally ill children Call for information and programs | | www.makeawishwa.gov |

San Juan

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| Lopez Island Family Resource Center | (360) 468-4117 Information: Call for information and programs | Lopez Island | 98261 | |
| Lions Club | (360) 378-6726 Information: Call for information and programs | Friday Harbor, | 98250 | |
| Kiwanis | (360) 378-3022 Information: Call for information and programs | Friday Harbor | 98250 | |
| Hearing, Speech, and Deafness Center | (360) 647-8508 Information: Call for information and programs | | | www.hsdc.org |
| Compassionate Friends Friday Harbor Chapter | Information: Support Groups Bereaved Parents, Family, and Friends Bereaved Siblings | | | www.compassionatefrienfs.org |
| Parent to Parent | (360) 679-5358 Information: Call for information and programs | Oak Harbor | | www.arcawa.org (Click on Parent to Pare |

Resources

Education

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| Orcas Island School District | (360) 376-2284 Information: Call for information | Orcas | 98280 | |
| Skagit Valley College - San Juan Center | (360) 378-3220 221 Weber Way Information: Programs Offred-Adult Basic EducationAdult Basic Education-Transfer ProgramsTransfer Programs [AA-UCT] | Friday Harbor | 98250 | http://www.skagit.edu |
| San Juan County Early Childhood Education and Assistance Program | (360) 376-6119 Information: Call for information | Friday Harbor | 98250 | |
| San Juan Head Start / Early Head Start | (360) 378-6030 Information: Call for information | Friday Harbor | 98250 | |

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| San Juan Island School District | (360) 465-6000 Information: Call for information | San Juan Island | 98250 |
| Shaw Island School District | (360) 468-2570 Information: Call for information | Shaw Island | 98286 |
| Northwest Educational Service District 189 | (360) 299-4000 Information: Call for information | | www.esd189.org |
| NWESD 189 School Nurse Supervisor | (360) 299-4013 Information: Call for information | | |
| Lopez School District | (360) 468-2201 Information: Call for information | Lopez Island | 98261 |
| Lopez Co-op Preschool | (360) 468-3393 Information: Call for information | Lopez Island | 98261 |

Resources **Food**

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|------------------------|--|-----------------------------|-------|
| Alternatives to Hunger | (360) 676-0392 1824 Ellis St | P.O. Box 6056 Bellingham | 98226 |
| | Information: Food bank and other services | | |

Resources **Housing**

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| Opportunity Council | Whatcom (360) 73 | | http://www.opportunitycouncil.org/ |
| | Information: The Opportunity Council is a local Community Action Agency serving homeless and low-income families, children, seniors and people with disabilities. Our programs work to create positive change, both in the lives of the people we serve and in ou | | |
| Anacortes Housing Authority | (360) 293-7831 719 Q Avenue | Anacortes | |
| | Information: Call for information | | |

Resources **Medical**

San Juan

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| San Juan County Health and Community Services | (360) 378-4474 (Fr Post Office Box 607 Information: | Friday Harbor |
| Compass Health - San Juan | (360) 378-2669 520 Spring Street Information: | Friday Harbor |
| ADATSA Assessment Center Alcohol and Drug Information School DUI Assessment Intensive Outpatient Outpatient Online Reporting | | |
| North Sound RSN | Information: Mental health crisis line | |
| North Sound RSN | Information: Mental health crisis line | |
| San Juan County Health and Community Services | (360) 376-6242 (E Post Office Box 1146 Information: | Eastsound |

Resources

Veterans

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| Veterans' Assistance Program - San Juan Veterans' Assistance | (360) 378-3356 County Auditor's Office 350 Court St Information: Provides Veterens with the following: Financial Assistance | Friday Harbor | http://www.co.san-juan.wa.us/ |
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